## SUBSTANCE ABUSE TESTING INSTRUCTIONS

A requirement of your supervision is participation in a substance abuse testing program. You should be aware of the following important program requirements, and the consequences for not following them:

- You are being referred to a urine collection vendor as a result of your history of illegal drug use. Any
  positive urinalysis detection may result in your immediate referral to a therapeutic community, or revocation
  proceedings may be started.
- If you are placed into a therapeutic community as the result of illegal drug use, a second episode of illegal
  drug use, "splitting" from the program, or being unfavorably discharged from that program may result in
  revocation proceedings by your probation officer.
- When notified to report for services, you must report at the date and time indicated. Collections may be required any day, including weekends and holidays.
- Your failure to report for collection, following notification, will be reported immediately to your probation officer. Failure to report, or no-shows, may be considered a positive urinalysis.
- 5. Inability or unwillingness to provide a urine sample or refusal to submit to a physical examination for "marks" or other signs and symptoms of drug use may result in revocation proceedings.
- Changes in your address, employment, or telephone number must be reported immediately to your probation officer and collection vendor.
- 7. Prior to collection, you must notify the collector of any prescribed medications you are taking. You must also provide verification of the prescription. You are not to take any medicines or drugs prescribed for persons other than you. Any drugs so taken are and will be considered episodes of illegal drug use.
- 8. You are not to sell or donate your blood. You are not to incur any needle marks except for legitimate medical treatment that can be verified. You are not to remove, alter, or add new tattoos.
- 9. In the event of a drug-related emergency, call 911.
- You should not use over-the-counter Vicks inhaler without first obtaining permission from your U.S. Probation Officer.
- 11. You are not to consume poppy seeds or foods that contain them.
- 12. This District has a total abstinence program. You will be periodically tested for illicit substances and any indication of use is considered a violation of program rules and your conditions of supervision.
- 13. In order to have the sample in a proper specific gravity range, clients are urged to conserve the quantity of fluids they consume prior to providing the sample. No fluids should be consumed for 1 to 2 hours prior to providing a sample, and large quantities of fluids should be totally avoided.
- 14. If the collection vendor and/or probation officer suspects that the sample has been flushed, i.e., a very clear sample, the client will be asked to remain at the collection site and no further fluids may be consumed. Additional samples will be collected at the discretion of the collect- or until a valid sample has been obtained. Once an individual has entered into the collection vendor office and/or probation office, a valid sample must be obtained prior to leaving.

- 15. If a low specific gravity specimen is provided prior to closing, the client may be asked to return the following day or asked to travel to another location for services. However, that subsequent specimen will be considered a separate collection and will not excuse the original low reading.
- 16. If there is a valid medical condition that prevents an individual from giving a valid specimen, it should be discussed with the collection vendor and probation officer. A letter from an attending physician will be necessary to confirm the condition.
- 17. The overall philosophy of urine collection and expectation of client is one of personal responsibility and accountability for behavior and actions. It is assumed that the individuals are capable of planning ahead, controlling fluid intake, being prepared to provide a valid sample, and making alternative plans in the event of collection problems.
- 18. If you visit a physician and are prescribed medication, it will be necessary for you to discuss your legal status and/or your history of substance abuse with the physician. The physician has the responsibility to know this information for your own health needs. It is important that you discuss fully any medication you may receive. Nothing in the above instructions is meant to interfere with legitimate medical treatment. Appropriate medical treatment is encouraged. It will be necessary to contact your doctor any time you receive medication, and it may be necessary to communicate with your doctor for other reasons. You may be asked to sign documents which permit your U.S. Probation Officer and your doctor to communicate with each other.
- 19. FAILURE TO COMPLY WITH ANY OF THE ABOVE INSTRUCTIONS, REFUSAL TO SUBMIT TO COLLECTION, DELIBERATE EVASION OR USE OF DEVICES TO AVOID PROVIDING A SAMPLE MAY RESULT IN RECOMMENDING THAT YOU RETURN TO COURT FOR OFFICIAL ACTION.

I understand and accept the above-noted instructions and acknowledge that I have read them and received a copy of them.

	7/12/2018
Signature of Client	Date
	7/12/2018
Signature of Probation Officer	Date